# For a Victim of Domestic Violence





CHIBA PREFECTURAL POLICE

### What the Police Can Do for You

#### Want to File a Report

On accepting your Victim's Report of your spouse's or partner's physical assault, we can make a criminal case against your abusing spouse or partner and, in some cases, place him or her under custody.

#### **Want to Run Away**

To help you escape from a threat of violence from your spouse or partner, we can help you get admitted to a shelter or entrust your protection to a self-reliance agency.

## Want the Police to Warn the Abuser to Stop the Violence

If you request us to warn your spouse or partner not to resort to violence any more, we will give a warning to your abusing spouse or partner

## Want My Whereabouts to Be Kept Undisclosed

We will not accept a missing persons report on you from your spouse or partner if your request is considered to be well-grounded.

## Other Measures Available

- Protection Order System to keep your spouse or partner a certain distance from you
- Agencies providing support for victims of domestic violence

#### For Avoiding a Recurrence of Domestic Violence

#### Do Not Underestimate the Situation

In some cases, things got out of control while victims of repeated physical violence hesitated to flee for refuge or file a victim's report.

You should not take the matter easily by thinking as follows:

- "I can still put up with violence like this."
- "It is no big deal because this is not unusual."
- "He/she is a nice person when not drunk."
- "Our relationship will stay good as long as I put up with it."

\*It is not easy for the abuser to overcome violent tendencies.

#### Put Your Safety First & Take a Step Forward Before It Is Too Late

Violence, once begun, is quite likely to escalate. Put your safety before everything else and take as early steps as possible: Take temporary refuge at a shelter or a relatives' place that your spouse or partner will never know or ask the police to make a criminal case against your abuser.

#### Request Your Family, Relatives and Friends for Support

Do not keep your trouble to yourself. Request your family or close friends for support, since they are the ones who care about you more than anybody else.

#### What You Have to Do

- Since you may need evidence to file a victim's report, keep a record of when, where and how you
  have suffered violence and obtain a medical certificate for your injury.
- A person threatening you physical harm or death can also be restrained by a protection order.
   Keep detailed records of the threats and save e-mails or letters that contain such threats.
- Since you may need evidence to request the police to take measures in accordance with the Anti-Stalking Act, keep a record of when, where and how you have been harassed: record what your abuser says on the phone and save e-mails and incoming call history.

### **Protection Order System**

#### **Protection Order is:**

An order issued by a court in response to your petition when you have been physically assaulted or threatened with death by your spouse or partner and when you are in imminent danger of being seriously injured by further violence from your abuser.

#### You can file a petition for a Protection Order with:

The district court having jurisdiction over the place where you or your abuser resides or the place where you were assaulted or threatened by your abuser.

#### You are eligible to petition for a Protection Order:

- When you are physically assaulted by your spouse or partner, or
- When you are threatened with physical harm or death by your spouse or partner.

#### Types of Protection Order

- Expulsion Order (valid for two months)
  - Order that requires your abusing spouse or partner to move out from the residence where you reside with your abuser
- Stay-away Order (valid for six months)
  - Order that requires your abuser to keep a certain distance away from you
  - Order that requires your abuser to keep a certain distance away from the underage child or children who live with you
  - Order that requires your abuser to keep a certain distance from your family and relatives
  - Order that prohibits your abuser from calling or texting you

The failure to follow the protection order is punishable by imprisonment not exceeding one year or a fine not exceeding one million yen.

Space for your note:

If you want advice from the police, contact the nearest police station or office.