

Let's make the rules.


Please try to make your original family rules referring to the previous page.

Discussions should be made and the rules should be and followed by everyone of the family.

You also should revise them sometimes.

✂Cut out the list below and post it in sight of your family. Make a copy so that you can use it multiple times for revision.

Let's follow our family smartphone rule!



Time of use _____

Place of use _____

Other rules

☐ _____

☐ _____

☐ _____

☐ _____

This rule was made (Year) (Month) (Day)

Signature Child (ren) _____ Parent(s)/ Guardian(s) _____

Useful Links

Chiba Police
Website



For the society that
protect Children's future

Protecting children
from internet risks

List of movie contents
to learn information security

Video Library
~Children's safety and
healthy education

Chiba Police
Official
YouTube
Channel



The National
Police Agency
[https://
www.npa.go.jp/
policy_area/no_cpf/](https://www.npa.go.jp/policy_area/no_cpf/)



Public Relations Office
Government of Japan
[https://www.gov-
online.go.jp/tokusyu/
cu_internet_kodomo/
index.html](https://www.gov-online.go.jp/tokusyu/cu_internet_kodomo/index.html)



Information-technology
Promotion
Agency, Japan (IPA)
[https://www.ipa.go.jp/
security/keihatsu/videos/](https://www.ipa.go.jp/security/keihatsu/videos/)



Public Interest
Incorporated Foundation
Japan Police
Support Association
[https://
www.japospolice.or.jp/
pages/43/](https://www.japospolice.or.jp/pages/43/)



Where to consult when in trouble

Police accept all consultations about juvenile problems such as troubles or crimes regarding internet use, delinquent acts, runaway, bullying etc. from children or parents through phone calls or interviews. Don't hesitate to consult to Young Telephone or your local police station.

Chiba Police Juvenile Center Young Telephone (Phone Consultation)

- Consultation from children getting troubled on social media
- Consultation from parents wanting instruction to their children with problems on the way they use smartphones
- Consultation from parents of victim child about their mental care

[Toll-free call] **0 1 2 0 - 7 8 3 4 9 7**

Monday - Friday
(Except national holidays)

9:00-17:00

To Local Police Station

- Consultation or filing a report of a crime such as when someone had you to send a photo naked, or someone threatened you

[List of Police Stations]

Chiba Police Website

[https://
www.police.pref.chiba.jp/
police_department/index.html](https://www.police.pref.chiba.jp/police_department/index.html)

